Get out and about with our Summer Lovin' program!
Life is for living. Curtin Experiences is a range of awesome adventures for you to throw yourself into with both feet.

Organised by Curtin Stadium, Curtin Experiences is your opportunity to try new things, meet some new people, and have a lot of fun. It’s available to anyone, whether you’re a student, facility staffer or a member of the public.

We offer new activities in each of our six seasonal programs.

Registrations are open now for Summer Lovin’ Curtin Experiences. So, what are you waiting for? Choose your adventure and book online at curtinstadium.edu.au/curtinxperiences

**Summer Lovin’ program**  
9 March - 24 April 2015

**Active Autumn program**  
27 April – 12 June 2015

**Winter Breaks program**  
15 June – 17 July 2015

**Warmer Winter program**  
10 August – 25 September 2015

**Super Spring program**  
28 September – 13 November 2015

**Cracking Christmas program**  
16 November – 18 December 2015
Sun & surf

Standup Paddle Boarding
Try out this uber-cool sport with a single lesson from our expert instructor.
1 lesson $50 (students $30)

Sunset Kayak
Our city looks stunning from the water. Come on a 2 hour guided paddle from the South Perth foreshore.
1 tour $75 (students $60)

Kayak Program
Increase your proficiency and fitness with weekly paddles on the Swan River.
5 week course $145 (students $120)

Standup Paddle Yoga
Our six-week SUP Yoga course will increase your core strength, balance, and flexibility. Oh, and it’s lots of fun.
6 weeks $265 (students $250)

Jet Surfing
Try out this brand new sport that’s a mix between jet skiing and surfing.
Book with a friend - 30min $103 each or 1hr $179 each
Surf solo - 30 mins $126 or 1 hr $196

Dragon Boating
This is a boatload of fun and a great way to meet people as you learn to paddle as a team.
6 week program $90 (students $80)

Kite Surfing
Here’s your opportunity to try this exhilarating sport with a private lesson from an expert instructor.
5hrs $375 (students $345) or 2hrs $150 (students $138)

Music

Songwriting
Release your inner Kanye West or Lorde through sessions with a guest songwriter.
6 week program $75 (students $60)

African Drumming
These beats also increase your heart beats, with a combination of aerobics, musical techniques and primal fun.
7 weeks $110 (students $90)
Martial arts

Self Defence.
Increase your confidence and your fitness with this expertly run martial arts course.
7 weeks (price available on website)

Women’s Self Defence
Personal protection is a basic life skill which most women will find useful at least once in their lifetime.
7 weeks (price available on website)

Muaythai Kickboxing
Learn the ancient Thai martial art of kickboxing.
6 weeks $130 (students $100)

Women’s Kickboxing For Fitness
Kickboxing is exercise that kicks butt. Get involved.
6 weeks $130 (students $100)

Capoeira
Capoeira is a unique Brazilian martial art that combines dance, kicks, and acrobatics.
7 weeks $110 (students $90)

Fitness

Beginners Yoga
Are you new to Yoga? Learn the moves and techniques to benefit your mind, body and soul.
6 weeks $140 (students $120)

Beginners Tai Chi
This martial art not only improves balance and flexibility it also helps create inner peace of mind.
8 weeks $100 (students $90)

Bootcamp
Group fitness at it’s most grueling. There’s nothing like someone yelling at you, army-style, to get you motivated!
8 week course from $10 per session

Sports

Golf Lessons
At some time in your life, someone will invite you to play golf. Be prepared by learning now.
6 week course and 9 hole game $165 (student $130)

Running Club
Ideal for beginners, our running club is a great way to keep fit. You’ll make progress each week, which helps keep you motivated.
7 week program $20 (students FREE)

Beach Volleyball Skills
Hone your skills and increase your fitness, Instructed by our Div 1 Australian University Games champion.
7 week course $20 (students FREE)

Dancing

Salsa Dancing.
Salsa is not only sexy and a whole lot of fun, it will get you fit fast.
6 weeks $145 (students $105)

Belly Dancing.
Learn this captivating Middle Eastern dance style from our expert instructor.
6 weeks $110 (students $80)
**Adventure**

**Abseiling**
There are few things as liberating as stepping backwards off a cliff, tower or building. Challenge yourself with this half day course.

$130 (students $100)

**City Cycling Tour**
Join our group for a guided cycle through Perth city stopping at iconic landmarks.

Half day tour $55 (students $30)

**Bibblumun Track Hike**
This full day hiking tour takes you through the spectacular bushland in the Perth hills. Lunch is included.

$70 (students $50)

**High Ropes Course**
Get high on adrenalin as you traverse a series of rope bridges, netting and platforms.

Half day challenge $130 (students $100)

**Skills & leisure**

**Barista Basics**
Learn the art of coffee making. No hipster beards or tattoos required.

4 hour course $140 (students $120)

**Barista Basics & Latte Art**
Few things impress like being able to deftly create shapes in coffee foam.

6 hour course $270 (students $245)

**2015 Trips & break aways**

**Sea Kayak Expedition**
A small group of students will have the opportunity to be part of a special experience that will explore 9 islands, 1500 kilometres north of Perth.

7 day trip, prices available on website.

**Rottnest Island Summer Days**
Come and explore the pristine beauty of ‘Rotto’ with return ferry tickets and snorkel hire included.

1 day $96 (students $80)

**Exmouth Adventure**
This is your chance of a lifetime to swim with Whale Sharks - the gentle giants of the sea. Experience WA’s Ningaloo Reef, Monkey Mia, Shark Bay and other amazing places on this tour.

10 day adventure $1480

**Mt Buller**
Travel to Victoria’s premier ski resort and experience snowboarding and/or skiing with an experienced guide. Mt Buller is just a few hours out of Melbourne and boasts perfect conditions for learners plus some more challenging runs and a half pipe for the more adventurous.

7 nights $2569

**East Kimberley Adventures**
A range of special-focus trips to the breathtaking Kimberley region including Dry Season & Muster photography, and Girl’s Own Adventures.

See our website for details on each of these guided 7 day trips.

7 day trips. Each is $2680
Win a GoPro!
Like our Facebook page for a chance to win. Conditions apply, so see our website for more details.

#CurtinExperiences

For more info on Curtin Experiences, visit our website, contact Michaela Curran on +61 8 9266 3364 or email michaela.curran@curtin.edu.au

Prices correct at time of printing, January 2015. Program is subject to change.

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