**Thompson Rivers University Profile Information**

<table>
<thead>
<tr>
<th>CATEGORIES</th>
<th>CONTACT AND DETAILS</th>
</tr>
</thead>
</table>
| **Mailing Address for Incoming International Exchange Applications** | **ATTENTION: TRU Study Abroad Centre**  
**TRU World, Thompson Rivers University (TRU)**  
International Building 3rd Floor  
805 TRU Way  
Kamloops, British Columbia  
Canada V2C 0C8 |
| **Study Abroad Centre and Emergency Contacts** | **Mobility Officer Inbound & Outbound:**  
Ms Heather Wisla  
Email: hwisla@tru.ca  
Office: +1 (250) 828-5164  
**Program Officer:**  
Ms. Karie Russell  
Email: krussell@tru.ca  
Office: +1 (250) 377-6053  
Mobile: +1 (250) 574-9375  
**General Inquiries:**  
Email: studyabroad@tru.ca  
Office: +1 (250) 828-5164 |
| **Website URLs** | Institutional website: [www.tru.ca](http://www.tru.ca)  
TRU Study Abroad Facebook page: [www.facebook.com/trustudyabroad](http://www.facebook.com/trustudyabroad)  
TRU Study Abroad Twitter page: [www.twitter.com/trustudyabroad](http://www.twitter.com/trustudyabroad)  
TRU World YouTube Channel: [www.youtube.com/mytruworld](http://www.youtube.com/mytruworld)  
**NEW ARRIVAL and ORIENTATION** instructions for Inbound Exchange Students, click here: [www.tru.ca/truwORLD.html](http://www.tru.ca/truwORLD.html)  
**Workshops** for Medical, Homestay, late arrivals, click here: [www.tru.ca/truwORLD/current-students/pre-departure/workshops-schedule.html](http://www.tru.ca/truwORLD/current-students/pre-departure/workshops-schedule.html) |
| **Institutional Information** | Thompson Rivers University is a public, post-secondary institution authorized to grant degrees and diplomas under a Public Act by the Government of British Columbia.  
**Thompson Rivers University Act:** [www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/00_05017_01](http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/00_05017_01)  
**Quality Assurance Policy:** [www.tru.ca/vpacademic/academic_program_review.html](http://www.tru.ca/vpacademic/academicProgramReview.html)  
**Memberships/Affiliations:**  
[Universities Canada](http://www.univcan.ca/universities/member-universities/)  
[CBIE](http://cbie.ca/)  
[LC](http://www.languagescanada.ca/)  
[Thompson Rivers University Act](http://www.languagescanada.ca/)  
[Quality Assurance Policy](http://www.languagescanada.ca/)  
[Memberships/Affiliations](http://www.languagescanada.ca/)  
[Institutional Information](http://www.languagescanada.ca/) |
| **Procedure for Incoming International Exchange Applications** | The TRU Study Abroad Online Horizons Application Form is available at this link: [www.tru.ca/studyabroad/inbound](http://www.tru.ca/studyabroad/inbound)  
**Students must be nominated by the home university coordinator.** All required application steps must be completed as per the online instructions with request documents uploaded. If transcripts are not in English a certified copies or translated copies will be requested. Need to be certified with the institutional logo. All students whose **first language is not English** are required to submit an official English Language Proficiency Report is required. More information. Language Requirements.  
Once a student is accepted to TRU they will receive an email from International Student Admissions with their official Acceptance Letter, and a document outlining costs and payment options for housing. |
| **International Student Advisors (ISA's)** | International Student Advisors (ISAs) provide support and personalized assistance with day-to-day issues and matters related to life in Kamloops and TRU before arrival, and during the student’s stay.  
When an exchange student receives acceptance from TRU, each student will be assigned to an International Student Advisor (ISA). Prior to the student’s arrival, this ISA will contact the student directly with a **Welcome Letter providing direction for accommodation, mandatory orientation and preparedness for their arrival.**  
International Student Advisor oversee the **NEW ARRIVAL and ORIENTATION Sessions** before the start of every semester. Each ISA will work with incoming students to assist with medical insurance and/or student service related needs while here at TRU.  
For live chat with an ISA: [www.mytruwORLD.ca](http://www.mytruwORLD.ca) - Reach out to them after receiving the Letter of Acceptance from International Admissions. Like and follow them on Facebook at [www.facebook.com/mytruwORLD](http://www.facebook.com/mytruwORLD) |
| **International Academic Advisors and Program Advisors** | International Academic Advisors and Program Advisors assist students with approval for the courses they indicated on their incoming application form for all requested courses. Advisors will follow up if there are any conflicts with requested courses. Please be advised this can take up to 1 to 2 months after submitting the application.  
Students should check if they have been approved for their courses on their [myTRU](http://myTRU.ca) account, which means that the Advisor has given them permission. To access [myTRU](http://myTRU.ca) students should go to [myTRU.ca](http://myTRU.ca) and login using the instructions on the page for new users. Students should then go to the “Student Resources” tab, and check “Registration Status”. Students will be registered automatically by International Admissions before semester start date. Check to see if properly enrolled by looking up “Concise Student Schedule” on [myTRU](http://myTRU.ca). |
**Thompson Rivers University Profile Information**

**Study Abroad**

*Updated: January*

<table>
<thead>
<tr>
<th>Semester Dates and Application Deadlines</th>
<th>Deadlines for Academic Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Late applications are only considered if space is available.</strong></td>
<td><strong>Recommended Arrival dates and Orientation dates provided by International Student Advisor</strong></td>
</tr>
<tr>
<td><strong>Summer (May – August)</strong></td>
<td><strong>Fall (Sept - Dec )</strong></td>
</tr>
<tr>
<td>Application Deadline: January 15</td>
<td>Application Deadline: April 30</td>
</tr>
<tr>
<td>Recommended Arrival dates and Orientation</td>
<td>Recommended Arrival dates and Orientation dates provided by International Student Advisor</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TRU Semester Dates:</th>
<th><a href="http://www.tru.ca/registration/dates.html">www.tru.ca/registration/dates.html</a></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NOTE: Orientation Week is mandatory</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Student fees paid before arrival to TRU:** (all fees are subject to change without notice)

1. Criminal Record Check for specific programs are paid by the student: nursing, education and social work programs.
2. Personal Safety course for high risk settings, residential care, emergency and mental health are paid by the student.
3. Uniform, Fit Testing for Masks and any other equipment as per program requirements are paid by the student.
4. Administration of vaccinations for program requirements such as flu shots.
5. Medical Insurance: please see Insurance and Medical section at the end of this form for further information
6. Mandatory Fees $120.00: TRU U-Pass & International Student Activity Fee (subject to change without notice)

**Note:** The Tuition and Extended Health & Dental Plan fee will show on your myTRU account temporarily. These fees will be removed as per the TRU Add/drop dates approximately 3-4 weeks after the official first day of classes. You are not responsible to pay these fees. The fee is for degree seeking students, not exchange students.

- Students will not be responsible to pay for lab fees.
- Students are responsible to pay all additional activity/workshop fees associated with specific course/program requirements in addition to the fees as indicated above.
- All fees are subject to change without notice.

The **TRUSU UPASS** (City Transit bus service) is an unlimited transit pass for the City of Kamloops. The UPASS also provides a 50% discount to a monthly membership to the Tournament Capital Centre and free access to the Canada Games Aquatic Centre. To learn more about the U-Pass for transit services please visit: [www.trusu.ca/services/upass](http://www.trusu.ca/services/upass/)

**Academic and ESL Programs**

“**Incoming students must be registered as full-time students at TRU.”**

Full-time study is equivalent to 9, 12, and/or 15 credits - which are typically 3, 4, and/or 5 TRU courses.”

**TRU semesters 15 weeks in length, with 13 weeks being face-to-face instruction and 2 weeks for exams.**

“**Once incoming exchange student has received the Letter of Acceptance, communication with an Academic and/or Program Advisor for planning and timetabling is recommended.”**

<table>
<thead>
<tr>
<th>Additional Student Fees on Arrival to TRU</th>
<th>Academic and ESL Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Recommended Arrival dates and Orientation</strong></td>
<td><strong>“Incoming students must be registered as full-time students at TRU.”</strong></td>
</tr>
<tr>
<td><strong>Recommended Arrival dates and Orientation dates provided by International Student Advisor</strong></td>
<td><strong>Full-time studies is equivalent to 9, 12, and/or 15 credits - which are typically 3, 4, and/or 5 TRU courses.”</strong></td>
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</table>

| **TRU semesters 15 weeks in length, with 13 weeks being face-to-face instruction and 2 weeks for exams.** | **“Incoming students must be registered as full-time students at TRU.”** |

| **“Once incoming exchange student has received the Letter of Acceptance, communication with an Academic and/or Program Advisor for planning and timetabling is recommended.”** | **“Incoming students must be registered as full-time students at TRU.”** |

**Key Program Areas:** [www.truwORLD.ca/internationalstudents/programs.html](http://www.truwORLD.ca/internationalstudents/programs.html) for Undergraduate Program options only. Minimum GPA of 2.5 is required to study at TRU.

- **Arts and Humanities** (Fine Arts, Geography, Journalism, Psychology, Sociology, Anthropology, Economics, English, Geography and Environmental Studies, History, Modern Languages, Philosophy, Political Sciences, Theatre), **Business** (Accounting, Economics, Finance, Human Resource Management, Marketing, International Business, Entrepreneurship), **ESL** (Foundations ESL, English & Communication, English for Academic Purposes, English & Fine Arts, English & Accounting, English & Business, English and Economics, English and Computing Science), **Health Sciences, Sciences and Environment** (Biology, Chemistry, Mathematics, Natural Resource Science, Environmental Studies), **Tourism** (Management, Events and Conventions, Resort and Hotel, with some 3rd & 4th year Adventure Tourism courses). Many of these courses have associated and additional course fees students are responsible. (Note: fees are subject to change without notice).

**Limited and Closed Programs:** Graduate courses are closed to exchange. Faculty of Law (closed), Nursing Education and Social Work course availability (limited) on TRU class sizes and availability. Nursing is a (closed) except for specific partners.

All additional and associated activity fees for courses outside of the exchange agreements such as specific course Activity Fees, Criminal Record Check, and required materials such as face masks, administration of vaccinations must be paid by the student. **Failure to pay these fees will result in the official transcript not being released and issued to your home institution.** Please see TRU Transcript Request section on next page.

**Academic Calendar** Access the current TRU Academic Calendar for program information and important dates at: [www.tru.ca/calendar.html](http://www.tru.ca/calendar.html)

**Course Schedules** The Course Schedule lists times and locations for fall, winter and summer semesters. Course scheduler: [www.tru.ca/campus/current/course_schedules.html](http://www.tru.ca/campus/current/course_schedules.html) Step-by-Step Guide To Search Courses:

- Go to [www.tru.ca](http://www.tru.ca)
- Click on the heading called **Study on Campus**.
- New beige window opens, look for the heading Popular Links, and scroll down to click on **Campus Course Schedule**.
- Before, we recommend to review the Definitions & Terms instructions to understand course name, course number and section, associated term..
- After reading all information, click on **View the Course Schedule** blue button.
- Select a Term to study at TRU: Winter 20– (Jan-Apr), Fall 20– (Sep-Dec). DO NOT select any term with OL Division (View Only).
- Click the Continue grey button. Search broadly or narrowly. Search topic for example: biology, marketing, event management. Click on the **Search** grey button.
- **Selected Term.** Students are invited to click on the Title link to open a Class Detail form, which provides specific details for Course Description, Syllabus, Co requisites, and Prerequisites along with credit hours and credit value.
# English Language Proficiency Requirements for Academic Study

Applicants are required to meet minimum English language proficiency requirements for direct entry into academic programs. Link to TRU English Language Requirements: [www.tru.ca/admissions/international/admission-requirements.html](http://www.tru.ca/admissions/international/admission-requirements.html)

Students may meet this condition by either providing an acceptable English language proficiency test score (TOEFL, IELTS, etc.) or by achieving an acceptable score on the TRU English Placement Test (EPT). If students do not provide a test score in advance, they will be tested on arrival and their course placement decisions will be made at that time. Recommended to complete acceptable tests prior to arrival to improve course selection options, however this is not mandatory.

Please note TRU is currently only able to offer exchange for incoming students wishing to study at the undergraduate level. If a student is required to complete the English Placement Test (EPT) on arrival, students will not be registered into academic classes until after the English Assessment.

There are a number of programs at TRU which have English as a pre-requisite such as: Education, Tourism, Social Work, and Nursing.

In order to verify all English language proficiency test scores, students must have an official copy sent directly to TRU Study Abroad from their Host School. Copies of test scores will then be submitted to our International Admissions office.

## English Language Proficiency Requirements

<table>
<thead>
<tr>
<th>TRU Placement</th>
<th>TOEFL IBT</th>
<th>TOEFL paper-based</th>
<th>IELTS</th>
<th>MELAB</th>
<th>CanTEST</th>
<th>CAEL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct entry to academic programs</td>
<td>88+ with no section below 20</td>
<td>570+ TWE 4.5+</td>
<td>6.5+ with no bands below 6.0</td>
<td>81+</td>
<td>4.5+ with no component score below 4.0</td>
<td>Overall 70+ No subtest below 60</td>
</tr>
<tr>
<td>Direct entry into Level 5 ESL</td>
<td>80+</td>
<td>550-569 TWE 4.0+</td>
<td>6.0+ with no band below 5.5</td>
<td>77+</td>
<td>4.0+ with no component score below 4.0</td>
<td>Overall 60+ No subtest below 50</td>
</tr>
<tr>
<td>Direct entry into Level 4 ESL</td>
<td>71+</td>
<td>530-549</td>
<td>5.5+ with no band below 5.0</td>
<td>74+</td>
<td>4.0+ with no component score below 3.5</td>
<td>Overall 50+ No subtest below 40</td>
</tr>
<tr>
<td>Direct entry into Level 3 ESL</td>
<td>61+</td>
<td>500-529</td>
<td>5.0+</td>
<td>69+</td>
<td>3.5+</td>
<td>Overall 40+</td>
</tr>
</tbody>
</table>

A student must meet or exceed the required level on all aspects to be at any specific level (for example, for the TOEFL, direct entry students must have an overall score of 88+ and all sections at least 20). When sub-scores are used, a good mark in one area will not compensate for a poor mark in another. We recommend that students who do not meet the requirements for direct entry write the TRU placement test to determine their appropriate placement in ESAL.

## Japanese Language Requirements — STEP

- TRU will consider the STEP First Grade for direct entry into academic programs. We will also consider STEP Pre-First Grade Level as equivalent to TOEFL 500+ for placement purposes.

## Common European Framework of Reference for Languages

- TRU will consider the CEF C1 and C2 for direct entry into academic programs. We will also consider CEF B2 and B2+ as equivalent to the IELTS 5.0+ for placement purposes.

## Cambridge ESOL

TRU will consider the CAE (Certificate in Advanced English) and CPE (Certificate of Proficiency in English) for direct entry into academic programs. The FCE (First Certificate in English) will be considered at the IELTS 5.0+ for placement purposes.

## Germany

- English requirements for academic study may be waived if a student from Germany has a minimum mark of 12 (gut) in English when taken as an achievement/main/intensive course.

## Academic Requirements

- Admission requirements vary, but all TRU programs require secondary school completion for academic admission.

**Minimum age of study at TRU - Students must be at least 17 years old.**
**Visa and Residency Support**

TRU International Student Advisors ISA will contact each and every incoming Exchange student after official acceptance is processed and prior to student arrival.

The ISA will assist with directing students to the appropriate websites to research and make informed decisions with planning to come and study in Canada. Below are resources and links to information with the Government of Canada.

Study in Canada visit: [www.cic.gc.ca/english/study/index.asp](http://www.cic.gc.ca/english/study/index.asp)
- Another tool to assist is to google "come to Canada wizard" or follow this link: [www.cic.gc.ca/ctc-vac/getting-started.asp](http://www.cic.gc.ca/ctc-vac/getting-started.asp)
- Complete the survey and it will provide valuable information to prepare to come to Canada.
- For more information students can visit: Department of Foreign Affairs and International Trade website: [www.international.gc.ca/international/index.aspx?view=d](http://www.international.gc.ca/international/index.aspx?view=d)
- Canadian Embassy locations around the world: [www.travel.gc.ca](http://www.travel.gc.ca)

**TRU Transcript Request**

At the end of your exchange semester, 2 official transcripts will be sent at no charge as follows:

1. To the student’s home university
2. To the student’s home address

Transcripts are sent approximately 6 – 8 weeks following the completion of all exams and grades being submitted to the Registrar’s Office.

If additional transcripts are required, send an email to transcripts@tru.ca. Payment is required to complete the order.

If the home institution requires any official documentation signed to confirm completion, it is the exchange student responsibility to notify the Study Abroad Office in advance to have any documents completed and/or signed.

All fees are to be paid before finishing the semester at TRU. To view any outstanding fees, check the student account within myTRU.

- If there are outstanding fees, transcripts will NOT be released or sent.
- Once student fees have been paid, send an email to iapply@tru.ca. In your email communicate you are an exchange student who has returned home, and you require an official transcript to be sent.

**Study Abroad Ambassador Program**

TRU has a group of returned Study Abroad students who have been chosen to be Ambassadors for the Study Abroad Program.

As one of their duties, these students can provide peer-to-peer support to incoming international exchange students. They can be reached during the Study Abroad Support Sessions and/or during Information Sessions around campus, at various events, or on the TRU Study Abroad Facebook page.

Visit, like and follow us on Facebook at [www.facebook.com/TRUStudyAbroad](http://www.facebook.com/TRUStudyAbroad)

Study Abroad Ambassadors want to connect with inbound exchange students. Events and activities are coordinated for all International students. Please reach out to them on your arrival to TRU!

**International Student Activities With the LEAP Program**

LEAP organizes regular activities and outings in the Kamloops area and beyond. Activities & events are open for international and domestic students. Activities include hiking, camping, skiing, horseback riding, concerts, theatre, bowling, sports events… and many more! The International Student Activity fee is automatically applied to the student’s TRU account.

For more information, contact the LEAP program by email [TRUleap@gmail.com](mailto:TRUleap@gmail.com), by phone (250) 377-6196, in person at the LEAP desk (on the first floor of the International Building, beside the elevator), or on their Facebook page “TRU World- ISAP”.

Visit, like and follow LEAP on Facebook at [www.facebook.com/leapTRU](http://www.facebook.com/leapTRU)

This program is a great way to meet other International students studying in Kamloops, and a very cost effective way to experience activities and events. As well, experience Canadian culture, meet other likeminded students and engage in activities while studying here at TRU.

Students are welcome to invite Canadian students to join and participate on these events and activities.
Accommodation Choices and Associated Fees

Please read the following information carefully for planning your accommodation while studying at TRU.

Below is information for students who are coming to TRU through the ISEP and Bilateral Programs. If you are unsure which program you are with, ASK YOUR COORDINATOR AT YOUR HOME INSTITUTION.

All inbound exchange students: Once admitted to TRU, a student will receive a Letter of Acceptance, along with a fee payment form that will provide accommodation details. Students will receive an email from an International Student Advisor (ISA) approximately 1-2 months before arrival to assist with selecting, finding and/or booking accommodation.

IMPORTANT ACCOMMODATION INFORMATION:
- Accommodations are booked on a first-come-first service basis. Meaning, if a student is wishing assistance and living in one of the 3 options, it is recommended to not delay and book immediately. Space is limited.
- For all accommodation choices, security deposits may be non-refundable if a student cancels their accommodation. Fees are subject to change without notice.
- TRU does not have an on campus meal plan/program in place. The Homestay Program is the only accommodation option which provides accommodation and a meal plan.

All housing options can be found at this link (please keep checking website as information is updated regularly):
www.mytruworld.ca/information-for-new-students

<table>
<thead>
<tr>
<th>Bilateral Program University to University</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Can request assistance with accommodation by paying a placement fee of $150.00</td>
</tr>
<tr>
<td>• International Student Advisor will support the student</td>
</tr>
<tr>
<td>• All accommodation fees are to be paid in advance, prior to arrival to confirmation and holding.</td>
</tr>
<tr>
<td>• Three choices to choose from as indicated on the Fee Form with the Letter of Acceptance:</td>
</tr>
<tr>
<td>• 1. Homestay - accommodation and meal</td>
</tr>
<tr>
<td>• 2. TRU Residence - accommodation only</td>
</tr>
<tr>
<td>• 3. McGill Housing - accommodation only</td>
</tr>
<tr>
<td>• Availability is limited - book quickly.</td>
</tr>
<tr>
<td>• Each accommodation choice will have different rules, application fees and damage deposits, along with payment methods.</td>
</tr>
<tr>
<td>• Speak with an ISA to clarify any questions or concerns, along with special requirements.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>International Student Exchange Program (ISEP) Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Only for ISEP students, not Bilateral Program students.</td>
</tr>
<tr>
<td>• All ISEP students will receive an <strong>ISEP Benefit Stipend</strong> on arrival to TRU during the International Orientation for the amount of <strong>$3300.00 Cdn</strong>.</td>
</tr>
<tr>
<td>• All accommodation fees are to be paid in advance, prior to arrival, as per the specific instructions.</td>
</tr>
<tr>
<td>• There is no fee to ISEP students for accommodation assistance.</td>
</tr>
<tr>
<td>• 1st choice of accommodation - Homestay Program</td>
</tr>
<tr>
<td>• All ISEP students, can <strong>opt-out</strong>, if they wish to not live with a homestay host family.</td>
</tr>
<tr>
<td>• <strong>To opt-out</strong>, this must be communicated to an International Student Advisor (ISA).</td>
</tr>
<tr>
<td>• There are two choices student can select from for on campus housing:</td>
</tr>
<tr>
<td>• 2. TRU Residence - accommodation only</td>
</tr>
<tr>
<td>• 3. McGill Housing - accommodation only</td>
</tr>
<tr>
<td>• Availability is limited - book quickly.</td>
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<td>• Each accommodation choice will have different rules, application fees and damage deposits, along with payment methods.</td>
</tr>
<tr>
<td>• Speak with an ISA to clarify any questions or concerns, along with special requirements.</td>
</tr>
</tbody>
</table>

Consult with the International Student Advisor (ISA) to better understand your choices of accommodation. Book accommodation early, as spaces are limited.
**Insurance and Medical**

**IMPORTANT Medical Insurance information:** All students will be automatically OPTED-IN to the Medical Insurance Plan with Guard.me prior to arrival at TRU, regardless. Students who do Opt-Out will have their policy cancelled. The cost is approximately C$300.00/semester (these fees are subject to change without notice).

Guard.me provides temporary health and medical insurance approved plan for all international and exchange students, providing health and emergency insurance coverage for the duration of the study period at TRU.

With the Guard.me plan a student is protected for: a minimum coverage of 5 million; visits to a doctor in any clinic or public hospital in British Columbia; and supported for pre-existing medical conditions. For students wishing to visit other provinces in Canada or travel to the United States, coverage is included within this plan. Guard.me also covers emergency hospitalization and medical services.

This plan also includes repatriation along with psychiatric repatriation. Coverage starts immediately on payment of plan, up to and including, the end of the study period. Additional insurance coverage is available for a spouse, partner, and dependent children. Insurance policies must be in the parameters (same timeframe as the student) of the policy start and end dates. Additional coverage is available following the completion of the exchange. Contact an International Student Advisor for assistance if you wish to purchase additional coverage.

View the Guard.me policy at [www.guard.me/tru](http://www.guard.me/tru). Please refer to this site to view the policy in English and other languages.

**TIPS:**

1. **All students participating on exchange, it is mandatory to have medical insurance while studying at TRU.**

2. **Complete Medical Insurance Opt-out form included with Inbound Exchange Application.**

3. **Proof of coverage is mandatory.**

4. **If there is no completed Opt-out form, the exchange student will be responsible to pay the fee.**

- no extensions or exceptions will be made past the deadline date (International Orientation week at TRU)
- students who do not provide proper supporting documents will automatically be enrolled into the Guard.me plan
- medical insurance fees will be charged to the student account
- students will not be eligible for a refund
- if student fees are not paid before completion of the exchange, the official TRU transcript will not be released to the student’s home institution

**SPECIAL NOTE:** All students coming through ISEP (International Student Exchange Program) students, are automatically OPTED -OUT of this program. All students coming via the Bilateral Program must complete the Opt-Out form.

Medical services on campus include a physician, registered nurse, and medical office assistant at the TRU Health Clinic.

**Example of medical costs here in Kamloops:** Costs for admission and treatment only at the Kamloops hospital and/or walk-in clinics can be very expensive. Here is an example a student could be responsible to pay if not protected by medical insurance.

Students who are protected by Guard.me and/or an alternate plan may have to initially pay the costs up front. Once paid, a claim can be submitted for reimbursement (refund of money paid).

**TO OPT-OUT:** Only the following students can opt-out:

1. Covered with medical insurance by their Home Institution
2. Covered with medical insurance provided by their Government from their Country of Origin (example: Australia, Austria)

Students must provide a scanned copy of their proof of coverage along with this form. Please be aware of the following:

- no extensions or exceptions will be made past the deadline date (International Orientation week at TRU)
- students who do not provide proper supporting documents will automatically be enrolled into the Guard.me plan
- medical insurance fees will be charged to the student account
- students will not be eligible for a refund
- if student fees are not paid before completion of the exchange, the official TRU transcript will not be released to the student’s home institution

**www.tru.ca/studyabroad**  **Email:** Studyabroad@tru.ca  **Facebook:** TRU Study Abroad