Curtin Experiences would like to introduce Kristen Pavez from Healthful Treats!

Join us in this 1 hour seminar and learn how to prepare healthy and delicious food for you, your friends and family...on a budget!

**Super Foods on a Budget**

- Cost is $20 Students / $40 Other
- Thursday 26 November 2015
- 6pm to 7pm at Curtin Stadium, Seminar Room

This is an informative seminar where Kristen will demonstrate two recipes of which you will get to taste and also have a further two more delicious tastings for you to try. Each guest will receive a booklet containing four recipes to take home.

Just bring your note pad and a keen interest to learn something new about healthy food!

Register now at [www.curtinstadium.edu.au/curtinexperiences](http://www.curtinstadium.edu.au/curtinexperiences) to secure your seat!